

The Empowerment Network, Inc., a 501 (c) 3 nonprofit organization

Prostate Cancer Awareness | Educational | Advocacy 6000 West Florissant Avenue, St. Louis, Missouri 63136

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Interim Lorraine Hall, President; Mellve Shahid, Sr., Founder; Sen. Robin Wright Jones, Ret. Executive Director

Media Advisory, For Immediate Release

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The Empowerment Network joins Christian Hospital to promote healthy living during the annual Family Health Festival on June 14th

Festival includes book signing by Mellve Shahid, "You're Still A Man"

More than 500 community members are expected to attend the Christian Hospital Family Health Festival, which kicks off Juneteenth, Father's Day weekend. The festival focuses on family, health, education, safety, and fun.

This year's festival is on Saturday, June 14th, from 10 a.m. to 2 p.m. in the Detrick Building and the parking lot, 11133 Dunn Road, St. Louis, Missouri 63136.

"We'll have free health screenings, lectures, educational booths, a custom car, jeep and motorcycle exhibition, food trucks, and entertainment," says Marcus Strauther, Senior Marketing Strategist for Christian Hospital. "A kids' activities area sponsored by St. Louis Children's Hospital that will offer car seat safety checks and child safety giveaways, including car seats, life jackets, and bicycle helmets.

"We will also be hosting over 75 prostate cancer survivors, caregivers, and their families from The Empowerment Network," Strauther adds. "We hope to see you at the festival."

The Empowerment Network, Inc. (TEN) will be featured in the festival as the organization's monthly Prostate Cancer Support Group meeting will be held at 10 a.m. in the Detrick Building. TEN is a St. Louis-based, non-profit prostate cancer advocacy, awareness, and educational organization targeting men aged 40 and older, urging men to get tested and follow up with their doctors. Prostate cancer is treatable if detected early. The William C. Clemons Jr. Bell of Hope Award and the Survivor of the Month Award will be presented to TEN Survivors.

The founder of The Empowerment Network and 18-year prostate cancer survivor, Mellve Shahid, Sr., will be signing copies of his book, "You're Still A Man: Surviving Prostate Cancer."

"Men, we love our cars, they are our toys, but our Health is our Life," says Shahid. "Come out and check out the automobiles and get a free PSA test, which could save your life."

The Christian Hospital Family Health Festival activities also include:

- Free health screenings for cholesterol, blood pressure, body mass index, and glucose
- Prostate screening: Call 314-286-2587 to make an appointment; Walk-ins welcome
- Live Music, Food Trucks, Giveaways, and more.
- A car and motorcycle exhibition
- St. Louis Children's Hospital Kids Area
- Mammogram van: Call 314-747-7222 or 800-600-3606 to make an appointment.
- Meet the Christian Hospital Orthopedic Surgery Team; Learn about Surgical and Nonsurgical Options for Back Pain

See attached booth space registration, festival and book signing details.